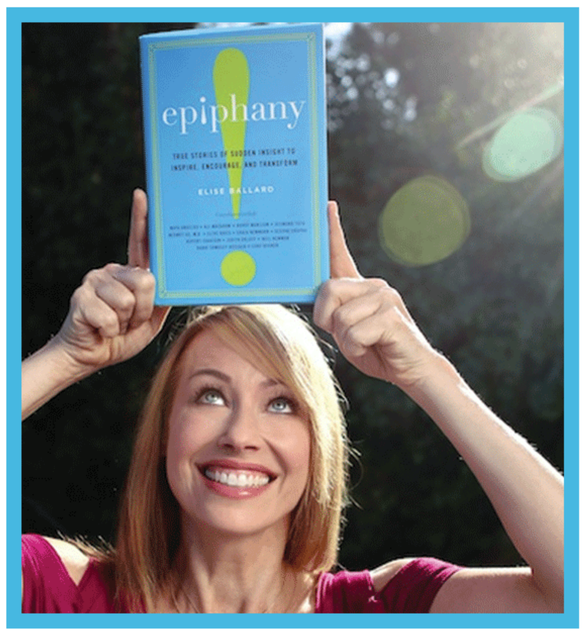
elise ballard

AUTHOR & SPEAKER

FOR INTERVIEWS, SPEAKING ENGAGEMENTS OR WORKSHOPS, PLEASE CONTACT ELISE AT INFO@EPIPHANYCHANNEL.COM OR (512) 415-5978.



Have you ever experienced an epiphany, a life-changing moment or realization?

Elise Ballard did and was so stunned by its effect on her life that she started asking others if they had ever experienced these kinds of breakthroughs. What began as simple curiosity led to an unexpected and exciting journey, spanning several years and the breadth of human experience. The result is **Epiphany**, a collection of revelations that changed lives—and the lives of others—forever.

Inspiring, thought-provoking, and eye-opening, **Epiphany** contains the deeply intimate stories of people from all walks of life, from public figures like **Dr. Oz, Maya Angelou, Deepak Chopra, Ali McGraw and Barry Manilow**, to personal acquaintances and life-long friends, to new contacts made in the most unexpected and serendipitous of circumstances.

Whether discovering their purpose in life, awakening to new possibilities or finding a new direction after a catastrophic set-back, each person's epiphany is a gift, providing new insight into these remarkable lives as well as your own, and a window into the universal truths that connect us all.

ELISE BALLARD'S INSIGHTS ARE UNUSUAL, THOUGHT-PROVOKING & UPLIFTING

An epiphany, stemming from the Greek word "epiphanea," is an experience of sudden and striking realization. In our fast-paced, constantly evolving world that often privileges doing over being, we are hungrier than ever to be heard, understood, and to feel like we matter. With few opportunities for self-reflection and as a result, self-awareness, we can become disconnected from our moments of deep realization...from our moments of epiphany. By recognizing and leveraging the wisdom gleaned from an epiphany, a person possesses the tools to foster greater self-awareness, to build stronger relationships with others, and to respond with more resiliency in the face of real and unforeseen obstacles.

Elise Ballard, a two-time TEDx speaker, is the host and creator of the online community and website, EpiphanyChannel.com, and author of the book, **"Epiphany: True Stories of Sudden Insight to Inspire, Encourage and Transform"** (Random House). She has been invited to speak as an expert on epiphanies to groups of all ages, ranging in size from twenty to hundreds of people, and is now available to teach how to identify and harness these "aha" moments in anyone's life!

EPIPHANY KEYNOTE ADDRESS

Elise gives listeners an introduction to the power of epiphanies in her captivating one-hour keynote address, suited to corporate, campus and conference audiences.

In her keynote address, Elise entertains audiences with how successful business and thought leaders have learned to **translate their epiphanies into increased self-knowledge, stronger relationships, heightened creativity, and ongoing productivity, shortening and sustaining their pathways to success.** Be ready to laugh, cry, and say "aha" as Elise engages your company, campus, or conference and provides actionable strategies for participants to recognize and create opportunities for epiphanies in their own professional and personal lives.

INTERACTIVE EPIPHANY WORKSHOPS

Full or half-day workshops for companies geared towards helping people identify and tap moments of sudden insight to achieve and sustain their highest performance.

We all have moments of insight. However, many of us lack the understanding and corresponding strategies to recognize and harness these moments amidst the business of our day-to-day work lives. Elise is uniquely poised to teach rising business leaders **how to tap into these moments to achieve and sustain their highest workplace performance.** In this first-of-its-kind, interactive workshop, Elise will show participants how to:

- Identify their greatest epiphanies in order to access and own their wisdom and create opportunities for future moments of deep insight.
- Demystify and utilize the 4 tools for cultivating epiphanies—Listening, Identifying Beliefs, Taking Action, and Creating Opportunities for Serendipity.
- Develop a deeper understanding of one's self and one's colleagues to enhance communication, reduce conflict, and understand what makes people tick.
- Utilize epiphanies to enhance individual and organizational workplace performance and foster a culture of trust, strategic risk taking, and innovation.

ELISE CUSTOMIZES HER PRESENTATIONS AND WORKSHOPS TO BEST SUIT THE NEEDS OF YOUR GROUP, FROM THE IMPORTANCE OF EPIPHANIES IN CAREER AND BUSINESS TO HEALING AND MIND-BODY-SPIRIT CONNECTIONS.

PLEASE CONTACT HER TO BOOK HER TODAY: INFO@EPIPHANYCHANNEL.COM OR (512) 415-5978.